

**ENG 100 - English Composition**

Intensive practice in writing, with assignments ranging from personal narrative to analysis and reasoned argument.

**HEA 100- Health Promotion & Wellness**

Promotes theoretical foundations and practical approaches to holistic health and maintenance of physical, intellectual, emotional, social, environmental, and spiritual health throughout the life span.

**MAT 120M - Introductory Statistics**

A general introductory course including descriptive statistics, sampling, estimation, normal distribution, correlation.

**ENV 110N - Introductory Environmental Science: (Topic)**

An introduction to the content, methods, and philosophy of science with an emphasis on the principles of environmental science and their application to topics in research or current issues in science. Each instructor will focus on a specific area of environmental science to allow more in-depth study of a particular sub-discipline or interdisciplinary topic. Topics of focus may include such areas as Lessons from the Wild, Understanding the Ecological Footprint, or Recognition of Gaia.

**BIO 110N - Introductory Biology – Human Evolution**

An introduction to the content, methods, and philosophy of science with an emphasis on the principles of biology and their application to topics in research and current issues in science. Each instructor will focus on a specific area of biology to allow more in-depth study of a particular sub-discipline or interdisciplinary topic.

**BIO 150N - Human Anatomy and Physiology**

General principles of animal life, emphasizing the structure and function of the human body.

**WST 101S - Introduction to Women's Studies**

Using the perspectives of several disciplines (e.g. arts and humanities, social sciences, sciences), this course will examine women's positions in and contributions to culture and society, exploring the genesis, the development, and the impact of our culture's assumptions about women's nature and women's roles, and diversity within the community of women.

**ARH 276A - Contemporary Art**

The development of contemporary art from 1960 to the present, from formalism to postmodernism to the present moment.

**SPA 101H - Elementary Spanish I**

SPA 101 is an introductory course emphasizing the development of speaking, listening, reading and writing skills. The course is designed for students with no previous background in the language. Course includes daily oral practice, grammar instruction, a lab program, and many learner-centered activities.

**SPA 102H - Elementary Spanish II**

A continuation of SPA 101, this course has increasing emphasis on reading and writing skills while continuing to develop oral skills practiced in Elementary Spanish I. This is a highly learner-centered course, with many active, hands-on activities. The course also emphasizes cultural study

**SPA 206 - Spanish Conversation**

This course provides an opportunity for intermediate students to improve their command of Spanish by practicing the language in various communicative contexts, with emphasis on oral/aural skills

**SPA 301 - Hispanic Film**

A course designed to explore in depth a particular subject, theme genre of literature, generation, author, or other topic related to Spain or Latin America. Topic varies; please read description in course registration booklet.

**SPA 377 - Topics in Spanish**

A course designed to explore in depth a particular subject, theme genre of literature, generation, author, or other topic related to Spain or Latin America. Topic varies; please read description in course registration

**PSY 101S - General Psychology**

This course provides a broad overview of essential topics in psychology. Topics to be covered include: historical background, research design and analysis, biological mechanisms and structures, physical development, cognition, personality, developmental issues, social psychology, psychopathology, work related and cultural issues.

**PSY 209 - Abnormal Psychology**

Abnormalities in human behavior are examined through case studies and review of research literature. Diagnosis, treatment, and care are considered. Topics include schizophrenia, manic-depression, suicide, and sexual deviance.

### **PSY 225 - Child and Adolescent Development**

Examines current psychological theory and research on physical, cognitive, social, and personality development from infancy through adolescence. Special topics in child development will be considered. May provide for experience in observing, testing, and interpreting behavior. It will explore issues in child and adolescent development as it occurs in varied contexts such as the family, the school, society, etc. Not available for credit to students who have taken a Life Span Development course. Also examines diverse theories of development as they apply to all American Culture.

### **PSY 230S - Death and Dying**

This course examines the experiences and needs of dying persons and their survivors. Cultural differences in approaches to the topic of death are also examined.

### **PSY 245 - Sports Psychology**

The course examines the psychological aspects of physical fitness, coaching, leadership, team relations, aggression and violence in sports. The history of sports and the roles of women and ethnic groups in athletics will also be considered. Concerns about youth participation will be addressed, including health risks, peer and parental pressure, and the significance of playing for growth and development.

### **PSY 329 - Child and Family Counseling and Psychopathology**

The specialized theories and techniques for understanding and working with children and families in various cultural contexts are explored. The course also examines various individual and systemic pathologies that affect children and families. Mental disorders of children and transitional crises of families are discussed, including pervasive developmental disorders, attentional disorders, conduct disorders, mood disorders, eating disorders, substance abuse, divorce, and family violence and victimization. Related ethical and legal issues are also discussed.

### **REC 140 - Introduction to Therapeutic Recreation**

This course will provide an introduction to the role of recreation in the rehabilitation process, identification of special groups to be served, and the therapeutic values of specific recreational activities for persons with disabilities. Emphasized will be the adaptations of facilities, equipment and attitudes. Ethical issues and safety considerations will also be discussed. .

### **REC 210 - Aquatics Therapy**

This course will provide a comprehensive understanding of the knowledge and skills necessary for aquatics programming for persons with disabilities. Emphasis will be on current trends in adapted aquatics, specifically the inclusion of individuals with disabilities into regular recreational settings. Content areas will also include assessment, adaptations of facilities, equipment, and activity presentation including various water exercises for special groups. Further legal and ethical issues as well as safety and program implementation in various aquatic environments will be covered. This course includes in-water laboratory experiences

**REH 110 - Introduction to Disability Studies**

Examines the impact of disability and other handicapping conditions on individuals, their families, and the community. Topics include adjustment to loss, attitudes of persons with disability towards themselves and those of others toward them, as well as problems and opportunities associated with specific conditions, such as disability, substance abuse, and criminal behavior. Physical, emotional, mental, and social dimensions throughout the lifespan are considered.

**REH 200 - Counseling and the Helping Relationship**

Major approaches to counseling are examined. The helping relationship and counselor characteristics are examined. Opportunity is provided for students to develop basic interviewing and counseling skills such as attending and responding. Students will gain insight into their own values, reaction patterns and interpersonal styles as important tools in understanding and helping others.

**REH 205 - Group Process in Human Services**

Principal theories of group process and group counseling as applied to rehabilitation, human services, and education contexts; major cognitive, affective, behavioral and systems approaches. Application to programs such as self-help groups, support groups, families, directed education groups, professional staffing, and therapeutic groups.

**REH 270 - Vocational Counseling and Placement**

An overview course which introduces the students to the process of transitioning individuals through lifelong career development, both in the educational and service delivery systems. Emphasis includes theory and philosophy in guidance and rehabilitation settings relating to persons with difficulties in the vocational decision-making process. Knowledge and skills for assessment, planning, education, counseling and adjustment are emphasized.

**REH 310 - Casework**

Professional ethics and examination of casework processes of observation, assessment, person-centered planning, evaluation, recording, reporting, referral and case management; additional emphasis of issues in vocational and psychological adjustment.

**REH 320 - Addiction Rehabilitation**

This course addresses both theoretical and practice issues in the treatment of persons with addictive and abusive behaviors. A survey of the field includes etiology, physical and psychosocial complications, diagnosis, and treatment strategies. Content areas covered include alcohol and other drugs, eating disorders, gambling, Internet addiction, as well as spousal abuse and family violence. Credit: 4

**REH 330 - Psychosocial Rehabilitation**

This course focuses on the development of knowledge, skills, and attitudes that are necessary to help persons with mental illness live more independent and productive lives. Students learn to help persons with mental illness identify strengths, needs, and preferences for the purposes of planning in such areas as living, learning, working, and social environments. Principles of recovery, advocacy, and empowerment are emphasized.

**REH 380 - Seminar in Professional Practice**

In preparation for the field experience (REH 395 and REH 495), students will investigate the nature of experiential field learning, research methods analyze career objectives, compile a portfolio, and prepare for individual interviewing. This is a writing-intensive course which focuses on the individual understanding of self and presentation style.

**REH 395 - Practicum in Rehabilitation and Human Services**

A supervised field experience that provides an opportunity for the student to gain direct knowledge and experience in casework, client service, resource utilization, and other professional functions in a public or private agency. Students will complete a minimum of 120 hours.

**REH 480 - Seminar in Rehabilitation and Human Services**

Seniors in the major study contemporary issues and practices in rehabilitation through readings and presentations. Students also complete an in-depth study of a selected rehabilitation issue, and develop a multimedia audiovisual electronic project presentation.